

Age Divisions

Seniors		21 years and older
Juniors	U21	18/19/20 years old
Aspirants	U18	15/16/17 years old
Cadets	U15	12/13/14 years old
Cadets	U12	10-11 years old
Cadets	U10	8-9 years old

Competitors will reach the age in the present year (from 1st January to 31st December)

The athlete can compete in one higher age category

- *Aspirant can compete with Juniors, Juniors can compete with Seniors*
- *The entire Junior category (of proper aged-athletes) can participate in the Senior category*
- *No athletes having the age of less than 18 years old will be allowed to participate in the seniors' World Championship of the JJIF. (By year of birth)*
- *A competitor can participate in only one age category in the same tournament. Even if the competitions for Aspirants and Juniors are on different days, but within the same event, the same athlete cannot compete in both age categories.*

Duo couples (Duo Show and Classics):

With respect to the ages of the athletes making up a Duo couple: the age difference between the partners is not important, provided that:

- the age is considered according to the year of birth, not the actual birth date of the competitor
- if the two couple members belong to different age categories, the couple will be registered for the highest age category
(example: one 15 years old athlete (Aspirant) + 18 years old athletes (Junior) will participate in Juniors)
- However, a team (duo) made up of one Aspirant and one Junior can only compete in Juniors, not also in Seniors (the Aspirant, although member of a Junior team, cannot jump over two age categories and compete with the Seniors)